Mounjaro Weight Loss: Week by Week

Week	What Many People Experience
Week 1–2	Reduced appetite, small but noticeable changes in eating habits.
Week 3–4	More consistent appetite control and early weight loss.
Week 5–6	Steady progress as the dose increases gradually.
Week 7–8	Weight loss becomes more predictable with routine.
Weeks 9+	Ongoing improvements supported by lifestyle changes.